

HEALTH SCIENCES (HSCI)

HSCI 101 Foundation of Science 1

HSCI 130 Special Topics 1-3

HSCI 200 Health Promotion 3

This course includes attitudes and life-style practices as they influence healthy lifestyles. Personal health issues, such as personal health practices, fitness, nutrition, safety and emergency measures, mental health, sexuality and family living, will be addressed. Also, aging and wellness will be included.

HSCI 210 Engagement in the Sciences 3

HSCI 230 Special Topics 1-3

HSCI 235 Nutrition and Health 3

This course will better equip students to evaluate and personalize nutrition information. Emphasis is placed on examining one's food choices and choosing diet and lifestyle patterns that promote health and meet personal nutritional needs. The course relates essential science foundational concepts to special topics in nutrition, explores the major functions of nutrients in the body and the role of nutrients in maintaining health. Additional topics include diabetes, eating disorders, choosing nutritional supplements, fitness and sports and the role of faith in health promotion.

HSCI 330 Special Topics 1-3

HSCI 400 Directed Study/Health 1-3

HSCI 515 Curriculum and Health Education for Diverse Populations - School Nurses 3

This graduate level course is designed to increase the school health professional's knowledge of curriculum development in health education and promotion. Content will include an overview of health education, learning, and teaching strategies inclusive of the special population and the diverse learner. Course emphasis will be placed on cultural awareness and development towards cultural competency.

HSCI 560 Community and Environmental Health 3

The primary focus is on issues related to disease prevention, individually, in the community and the nation. Mental and spiritual health, substance abuse, and consumer and environmental issues will be analyzed.

HSCI 601 World Health Issues 3

World Health Issues will explore global health problems that affect the developed and the developing world. Understanding international health care needs and issues will better equip health care planners, educators and providers to deliver culturally competent care in diverse populations. Health, disease and wholeness will be examined in relationship to the culture and the biblical perspective. Specific diseases and their impact in various regions of the world will be studied with analysis of incidence, prevention, control and health program planning.