

DANCE (DANC)

DANC 100 Introduction to Dance Studies 2

The course is designed to introduce dance minors and those interested in the art form to the study of dance within the university setting. The course explores the dance elements of body, space, time, and force/energy as they connect to technical proficiency, improvisation, creativity, and expression. Attention is given to cardio-respiratory fitness, muscular strength, muscular endurance, flexibility, and nutrition. The course will address practical concerns related to a career in dance.

Core Category: Arts and Literature

DANC 103 Movement, Rhythms for Children 2

This course is designed to provide background theory for teaching movement and dance education as well as to provide opportunities for practical application of knowledge gained. The course will enable students to develop an approach to teaching movement education that focuses on creativity and includes the psychomotor, cognitive, and affective domains of learning. Concept areas and activities to be explored include: the purposes and components of movement/dance education; the basic elements of dance; dance imagery, narrative and thematic dance; rhythm instruments and props; movement exercises and games; lesson planning; and teaching.

Core Category: Arts and Literature

DANC 122 Global Dance Forms 2

Each time this course is offered, one particular global dance form will be the focus. The course primarily will be offered as a technique course. Topics included will be historical perspectives, cultural constructs of gender, societal influences, and aesthetic meaning unique to the dance form studied.

Core Category: Arts and Literature

DANC 122X Global Dance Practice 1

The course extends a student's technical proficiency in a particular global dance form studied. Students who have completed Global Dance Forms may take the Practic course to enhance learning in technique, history, culture, and aesthetics.

DANC 130 Special Topics 1-3

DANC 131 Modern Dance Level I: Theory and Techniq 2

This course is designed to provide students with knowledge and practical application of modern dance technique at an introductory level. The course focuses on the movement elements of time, space, and energy in the development of technical proficiency, improvisational exploration, dance composition basics, and expressive movement performance. Historical contexts also are addressed.

Core Category: Arts and Literature

DANC 132 Jazz Dance Level I: Theory and Technique 2

This course is a beginning level jazz class open to all students in the university. It is a studio-based course that allows students to study the fundamentals of jazz technique as an art form as well as a mode of fitness. Students develop strength, flexibility, and stamina through class warm-ups and moving combinations. In addition, students gain a general knowledge of basic jazz dance terminology, history, and choreographic principles as they apply to the concept of wellness and faith. Students will create a final class performance. The course will serve as a prerequisite for Intermediate Jazz as applicable.

Core Category: Arts and Literature

DANC 133 Liturgical Dance 2

DANC 210 Dance Anatomy and Kinesiology 3

Students will develop and understanding of basic anatomic principles as well as movement analysis, alignment assessment, and performance enhancement by the use of kinesiological and exercise physiology principles. Upon completion of the course, students will be able to apply the principles of movement analysis to the evaluation of dance technique of self and others. Students will be able to design a thorough and effective static and dynamic corrective and performance enhancement program for use as a performer, choreographer or educator. This course will include both lecture and laboratory sessions.

DANC 230 Special Topics 1-3

DANC 230A Special Topics: Yoga/Pilates 3

This course will include the history, theory, and practice of these two techniques—Yoga and Pilates. Students will practice mindfulness and breathing techniques as they learn active poses to reduce stress and increase balance, flexibility, concentration and Christian stewardship of the body.

DANC 231 Intermediate Modern Dance: Theory and Te 2

This course is designed to provide students with modern dance theory and technique beyond the introductory level. The course will address the development of proficiency in the following areas: body alignment, centering, kinesthetic awareness, qualitative nuance, use of breath, focus, dynamics and projection. Studio work will address increasing creativity and aesthetic understanding in dance technique.

Core Category: Arts and Literature

DANC 231X Practice in Modern Dance 1

The course extends a student's technical proficiency in modern dance by increasing practice in the areas of body alignment, centering, kinesthetic awareness, qualitative nuance, use of breath, focus, dynamics and projection. Students who have completed Intermediate Modern Dance may take the Practice course to enhance learning in technique.

DANC 232 Intermediate Jazz Dance: Theory and Tech 2

The course focuses on the development beyond the basics of jazz dance technique and progresses to complex work in a variety of jazz dance styles (African, lyric, modern, musical theatre and popular). Technical proficiency will be based on the replication and composition of intricate combinations. Jazz dance will be placed within its appropriate historical and cultural contexts.

Core Category: Arts and Literature

DANC 232X Practice in Jazz Dance 1

The course extends a student's technical proficiency in jazz dance by increasing practice in jazz dance styles and intricate combinations. Students who have completed Intermediate Jazz Dance may take the Practice course to enhance learning technique within the appropriate historical and cultural contexts.

DANC 233W Liturgical Dance History and Practice 3

This course is designed to provide experience in the practice of dance as a vehicle for religious expression and ritual. The history of liturgical dance will be traced, and a rationale for the inclusion of dance in worship services will be investigated. Students will participate in the experience of dance movement as it relates to theological and spiritual themes. Writing intensive course.

Core Category: Arts and Literature

DANC 234 Intermediate Ballet Dance: Theory and Technique 2

This course is designed to provide students with the theory and technique of ballet dance beyond the introductory level. The course moves from basic barre work to complexities of ballet performance. Ballet dance is placed within its appropriate historical and cultural contexts.

Core Category: Arts and Literature

DANC 234X Practice in Ballet Dance 1

The course extends a student's technical proficiency in ballet by increasing practice in barre, center, and across the floor combinations. Students who have completed Intermediate Ballet may take the Practice course to enhance learning in technique within the appropriate historical and cultural contexts.

DANC 240 Yoga and Pilates 3

This course will focus on the history, theory, and practice of the exercise techniques of Yoga and Pilates (developed by Joseph Pilates). Alignment, body posture and movements basic to each technique will be examined and practiced in this experiential class. Pilates mat sequences and Yoga poses, asanas, will be taught to gain: strength, flexibility, balance, efficiency of movement and mindfulness. Pertinent anatomy will be discussed and explored with emphasis on the musculoskeletal make-up the anterior and posterior torso, pelvis, and hips. Controlled and purposeful breathing techniques will be taught in order to enhance health, well-being, calmness, and focus. Various stress reduction techniques, including guided imagery will help relax and rejuvenate the body after each workout session. Proper nutrition will be discussed as it pertains to health promotion, fatigue, injury prevention and treatment. The use of intentional breathing and choreographed sequences in Christian spiritual formation and devotional practice will be explored, as will the notion of "being still to know God."

DANC 260W Modern Dance History 3

This course is an introduction to the study of modern dance as a reflection of the individual, society, and culture. Instruction in the technique of modern dance is the focus of the movement experience. Within this framework, this historical, cultural, and aesthetic contexts of 20th and 21st century modern dance are examined. Writing intensive course.

Core Category: Arts and Literature

DANC 330 Special Topics 1-3**DANC 331 Advanced Modern Dance: Theory and Technique 2**

This course is designed to provide students with the theory and technique of modern dance beyond the intermediate level. The course continues the dance student's training in the foundational elements of time, space and energy in the development of technical proficiency, improvisational exploration, composition techniques, and expressive movement performance. Specific focus is given to total body integration through the use of Bartenieff Fundamentals. The course also addresses creativity and aesthetic understanding in dance.

Prerequisites: danc-231

DANC 331X Practice in Advanced Modern Dance 1

The course extends a student's technical proficiency in modern dance by increasing practice in the principals of time, space and energy, improvisational exploration, and expressive movement performance. Students who have completed Advanced Modern Dance may take the Practice course to enhance learning in technique.

DANC 332 Advanced Jazz Dance: Theory and Technique 2

This course focuses on complex work in a variety of jazz dance styles. The course is intended to contribute to a jazz dance student's proficiency in technique, choreography and performance. The replication and composition of intricate jazz combinations is included in the development of such technical proficiency. Throughout the course, jazz dance will be placed within its appropriate historical and cultural contexts.

Prerequisites: danc-232 or demonstrated proficiency

DANC 332X Practice in Advanced Jazz Dance 1

The course extends a student's technical proficiency in modern dance by increasing practice in the principals of time, space and energy, improvisational exploration, and the expressive movement performance. Students who have completed Advanced Modern Dance may take the Practice course to enhance the learning technique.

DANC 334 Advanced Ballet Dance: Theory and Technique 2

The course will expand the student's knowledge of classical ballet technique beyond the intermediate level. The student will participate in individual tracking of technical and artistic progress. The course will also address basic anatomical principles and creative experiences.

Prerequisites: danc-234 or demonstrated proficiency

DANC 334X Practice in Advanced Ballet 1

The course extends a student's technical proficiency in ballet dance by increasing practice in technique, choreography and performance. Students who have completed Advanced Ballet Dance may take the Practice course to enhance learning in technique within the appropriate historical and cultural contexts.

DANC 340 Dance Repertory 2

This is an ensemble course for advanced dancers who participate in the rehearsal and performance of highly technical dance works. The group learns dance repertory based on text, story, poetry and/or music. The course is designed for those who have had an extensive level of previous performance experience. Audition required.

DANC 345 Methods and Techniques of Dance Instruction 3

The course is designed to provide methods for the instruction of a variety of dance genres and styles. Contexts for teaching dance include K-12 public education, private school education, community center programs and dance studio classes. The course will enable students to gain theoretical and somatic knowledge in dance, as well as to provide practical classroom teaching experiences. Prerequisite: one dance technique class.

DANC 375 World Dance 3

This course will focus on various dances from around the world, placing them in historical, cultural, social and aesthetic contexts through theory and practice. Students will examine cultures from Africa, Asia, Polynesia, Europe and the Americas. Historical perspectives, cultural constructs of gender, societal influences, worldview, and aesthetic meanings unique to various cultures will be studied.

Core Category: Cultural Perspectives, Arts and Literature

DANC 385 Dance Improvisation 2

This course is designed to provide students with knowledge and practical application of dance improvisation in the discipline of modern dance. Focus will be on the creative process and the manipulation of the elements of time, space, and energy. The course covers both free and structured improvisation.

Core Category: Arts and Literature

DANC 386 Dance Composition 2

This course concentrates on the theory and application of dance composition principles. Topics include choreographic design, form, style, theme, motivation, autobiography and performance.

Prerequisites: danc-231 danc-331

DANC 395 Field Experience 1-3

The purpose of a dance field experience is to offer students the opportunity to observe and participate in real-life work experiences in the dance world. Participation must be in a setting appropriate to a student's interest in particular dance careers. Students will keep a log of hours in a journal of observations for a minimum of 40 hours per credit hour earned. Prerequisite: Permission of department chair. Graded Pass/Fail.

Course is Pass/Fail

DANC 400 Directed Study in Dance 1-3**DANC 410 Senior Seminar 3**

This is a culminating senior experience through which senior dance majors will design senior projects with consistent feedback from the professor and their peers. The course also will address critical response procedures, resum?s, portfolios, careers in dance, and Senior Showcase concert planning.

DANC 435 Choreographic Project 3

This course is designed to provide a theoretical basis for the choreographic process as well as to provide practical experience in the content learned. The course will provide the student with the appropriate tools through which to create a full-length dance work. Pre-requisite: DAN 386: Dance Composition

Prerequisites: danc-386

DANC 440 Senior Project/Performance 0

Students who have completed Senior Seminar (DANC 410) will complete a dance project or a dance performance piece as part of their graduation requirements in the Dance Major program. Students will develop their work with the assistance of both faculty advisors and peers. The course will have no credit value attached, but will be graded and required for the successful completion of the Dance Major.

DANC 495 Internship 2-12

The purpose of a dance internship is varied and may include any or all of the following: to provide a real-life work experience, to relate theory with practice, to focus on life goals, and to seek firection for academic projects/themes. The supervising faculty member should confer with the internship supervisor at least once during the period and oversee the academic expectations as outlined by the dance program. A minimum of 40 hours on the job is required for each hour of credit. The dance program will establish guidelines for evaluation based upon the particular internship. Highly recommended for senior dance majors.

DANC 498 Teaching Assistant 1-3**DANC 499 Research Assistant 1-3****DANC 999 Administration and Repertory 0**

This required non-credit course reserves Fridays from 3:00-3:50 p.m. for professional concerns such as choreographic showings, master classes, and departmental meetings/activities. Each semester, all students majoring in dance are required to register.

Course is Pass/Fail